

**TOWN OF GRANBY
COMMISSION ON AGING
SENIOR CENTER/YOUTH SERVICES BUILDING
March 9, 2015**

PRESENT: Dr. Peter Barwick, Lynne DeMatteo, Joanne Desrosiers, Karen Hood, Incy Muir, Dorothy Prior; Staff Present: Sandra Yost

GUEST: David Watkins

In Dr. Barwick's absence, Karen Hood confirmed a quorum and began the meeting at 1:37 p.m.

APPROVAL OF MINUTES OF 11/10/14:

ON A MOTION BY Dorothy Prior, seconded by Joanne Desrosiers, the Commission voted (5-0-0) to approve the minutes of December 8, 2014. It should be noted that Dr. Barwick arrived after approval of the minutes.

VOLUNTEER OF THE MONTH

- December: Fred Kahlman for providing a Spanish conversation group on Friday mornings.
- January: Mary Reik for the program, "The Notebook", regarding where to keep important documents.
- February: TBA

ACTIVITIES COMMITTEE REPORT

a. Sandy Yost, Program Coordinator.

- Ms. Yost is working with AnneMarie Cox on intergenerational programming. There will be a grandparent/grandchild breakfast held during the April break. A painting party with kids and adults is also being planned.
- At this week's Lunch for the Mind program, Andy Weill will present "Leaving them Laughing". The premise being that obituaries don't always need to be serious.
- In conjunction with Meadowbrook of Granby, a meditation program will be offered by Deborah Mullins.
- Bingo has been eliminated as there is no longer enough interest.
- An MS support group is now held at the senior center.
- Seven committees were created to assist with the re-accreditation process and they have begun to meet. The Purpose Committee was the first to meet and they created a proposed

mission statement for the Senior Center. After a brief discussion and two minor word changes the statement reads as follows:

“The mission of the Granby Senior Center is to empower older adults to live, full, independent lives by providing leadership on aging issues and enhancing the social, physical and educational well-being for each participating individual.”

ON A MOTION BY Karen Hood, seconded by Joanne Desrosiers, the commission voted (6-0-0) to accept the mission statement as corrected.

b. Senior Club

- The Senior Club is busy planning the talent show which will be held on May 7th.
- The club is sponsoring some of the VNA lunch programs. On May 26th, there will be a presentation on “Financial First Aid” and on April 16th, “Getting in Shape for Spring” will talk about gardening and exercise.
- The ice cream social has been changed to May 31st.
- The Club will sponsor a senior center team for the Granbee. The CRDT’s (Can’t Remember a Darn Thing) will compete in the bee which will be held this Friday at 6:30 p.m. at the high school.

DIRECTOR’S REPORT/TRANSPORTATION REPORT:

In Ms. Kielbasa’s absence, Ms. Yost gave the following report:

- Applications for the NCAAA and DOT grants are due this month. The NCAAA grant provides assistance for the following programs: grandparent support group, civic engagement team and the healthy minds program. The DOT grant covers the salary of the full-time van driver.

OLD BUSINESS

- The film “Escape Fire” was shown at the end of February.

NEW BUSINESS

- Re-Accreditation: David Watkins and Karen Hood are members of the Purpose Committee, which is currently working on the strategic plan. Because the Commission on Aging should play an integral role in driving the strategic plan, the Committee wants their feedback. As a result, the Purpose Committee proposed that Karen Hood be a liaison between the two groups. The Purpose Committee will make suggestions regarding policies and would like the Commission’s input, i.e. changes, are they still relevant, etc.

Also, the Commission should be looking at the strategic plan on a regular basis to ensure that goals and policies are being met. Karen Hood will distribute policies to the Commission via e-mail in order to get their feedback. David Watkins stated there is no need to reinvent the wheel and suggested the Commission look at the policies of other accredited senior centers (of similar size). Another proposal was to change the Commission's agenda to add specific responsibilities so policies can be looked at regularly to avoid falling behind at accreditation time. Reporting could be added also as it is the Commission's responsibility to go to the Board of Selectmen with suggestions.

ADJOURNMENT

ON A MOTION BY Karen Hood, seconded by Dr. Barwick, the commission voted (5-0-0) to adjourn at 3:00 p.m. It should be noted that Lynne DeMatteo was excused from the meeting at 2:20 p.m.

The next scheduled meeting will be held on Monday, April 13, 2015 at 1:30 p.m.

Respectfully submitted,

Kathy Kane
Recording Secretary